

TriHK



TRIATHLON
三項鐵人

香港三項鐵人總會
Hong Kong Triathlon Association

This is to certify that
Cheung Kei Lam
has successfully completed the
2019 Duathlon Series - Race 1
on 31 Mar 2019 at

Plover Cove

with performance of

Category: Female 35-39
Position: 3
Run1: 00:27:42
T1: 00:04:36
Bike: 01:20:06
T2: 00:04:25
Run2: 00:28:23
Total Time: 02:25:14

香港三項鐵人總會會長
President, Hong Kong Triathlon Association
龐寵貽女士
Ms Genevieve PONG