

TriHK



TRIATHLON
三項鐵人

香港三項鐵人總會
Hong Kong Triathlon Association

This is to certify that

Lara Wozniak

has successfully completed the

2019 Duathlon Series - Race 1

on 31 Mar 2019 at

Plover Cove

with performance of

Category: Female 50-54

Position: 2

Run1: 00:21:52

T1: 00:02:55

Bike: 01:07:51

T2: 00:03:01

Run2: 00:22:24

Total Time: 01:58:05

香港三項鐵人總會會長

President, Hong Kong Triathlon Association

龐寵貽女士

Ms Genevieve PONG