

TriHK



TRIATHLON
三項鐵人

香港三項鐵人總會
Hong Kong Triathlon Association

This is to certify that

Dilys Lowe

has successfully completed the

2019 Duathlon Series - Race 1

on 31 Mar 2019 at

Plover Cove

with performance of

Category: Female 55-59

Position: 1

Run1: 00:27:08

T1: 00:04:39

Bike: 01:31:55

T2: 00:05:03

Run2: 00:30:12

Total Time: 02:38:59

香港三項鐵人總會會長

President, Hong Kong Triathlon Association

龐寵貽女士

Ms Genevieve PONG