

TriHK



TRIATHLON
三項鐵人

香港三項鐵人總會
Hong Kong Triathlon Association

This is to certify that
Chung Yau Liu
has successfully completed the
2019 Duathlon Series - Race 1
on 31 Mar 2019 at

Plover Cove

with performance of

Category:	Male 20-24
Position:	1
Run1:	00:16:17
T1:	00:01:58
Bike:	00:52:33
T2:	00:02:12
Run2:	00:16:33
Total Time:	01:29:36

香港三項鐵人總會會長
President, Hong Kong Triathlon Association
龐寵貽女士
Ms Genevieve PONG