

TriHK



TRIATHLON
三項鐵人

香港三項鐵人總會
Hong Kong Triathlon Association

This is to certify that
Hon Man Tang
has successfully completed the
2019 Duathlon Series - Race 1
on 31 Mar 2019 at

Plover Cove

with performance of

Category: Male 20-24
Position: 2
Run1: 00:18:20
T1: 00:02:01
Bike: 00:51:28
T2: 00:02:14
Run2: 00:18:40
Total Time: 01:32:45

香港三項鐵人總會會長
President, Hong Kong Triathlon Association
龐寵貽女士
Ms Genevieve PONG