

TriHK



TRIATHLON
三項鐵人

香港三項鐵人總會
Hong Kong Triathlon Association

This is to certify that

Ching Li

has successfully completed the

2019 Duathlon Series - Race 1

on 31 Mar 2019 at

Plover Cove

with performance of

Category: Male Open

Position: 2

Run1: 00:20:14

T1: 00:02:27

Bike: 00:59:53

T2: 00:02:49

Run2: 00:20:04

Total Time: 01:45:29

香港三項鐵人總會會長

President, Hong Kong Triathlon Association

龐寵貽女士

Ms Genevieve PONG