

TriHK



TRIATHLON
三項鐵人

香港三項鐵人總會
Hong Kong Triathlon Association

This is to certify that
Thomas Elliott
has successfully completed the
2019 Duathlon Series - Race 1
on 31 Mar 2019 at

Plover Cove

with performance of

Category: Male 35-39
Position: 1
Run1: 00:15:52
T1: 00:01:47
Bike: 00:48:14
T2: 00:02:08
Run2: 00:16:37
Total Time: 01:24:40

香港三項鐵人總會會長
President, Hong Kong Triathlon Association
龐寵貽女士
Ms Genevieve PONG