

TriHK



TRIATHLON
三項鐵人

香港三項鐵人總會
Hong Kong Triathlon Association

This is to certify that
Kin Ting Francis Kwok
has successfully completed the
2019 Duathlon Series - Race 1
on 31 Mar 2019 at

Plover Cove

with performance of

Category: Boys 2008
Position: 4
Run1: 00:03:58
T1: 00:01:32
Bike: 00:09:01
T2: 00:01:30
Run2: 00:04:33
Total Time: 00:20:36

香港三項鐵人總會會長
President, Hong Kong Triathlon Association
龐寵貽女士
Ms Genevieve PONG