

TriHK



TRIATHLON
三項鐵人

香港三項鐵人總會
Hong Kong Triathlon Association

This is to certify that

Tin Mong Lo

has successfully completed the

2019 Duathlon Series - Race 1

on 31 Mar 2019 at

Plover Cove

with performance of

Category: Boys 2008

Position: 9

Run1: 00:04:05

T1: 00:01:34

Bike: 00:09:20

T2: 00:01:39

Run2: 00:04:58

Total Time: 00:21:39

香港三項鐵人總會會長

President, Hong Kong Triathlon Association

龐麗貽女士

Ms Genevieve PONG