

TriHK



TRIATHLON
三項鐵人

香港三項鐵人總會
Hong Kong Triathlon Association

This is to certify that

Tsz Him Mok

has successfully completed the

2019 Duathlon Series - Race 1

on 31 Mar 2019 at

Plover Cove

with performance of

Category: Boys 2008

Position: 13

Run1: 00:04:28

T1: 00:01:42

Bike: 00:09:03

T2: 00:01:52

Run2: 00:05:25

Total Time: 00:22:32

香港三項鐵人總會會長

President, Hong Kong Triathlon Association

龐麗貽女士

Ms Genevieve PONG