

TriHK



TRIATHLON
三項鐵人

香港三項鐵人總會
Hong Kong Triathlon Association

This is to certify that
Yat Long Marcus Ng
has successfully completed the
2019 Duathlon Series - Race 1
on 31 Mar 2019 at

Plover Cove

with performance of

Category: Boys 2008
Position: 18
Run1: 00:04:35
T1: 00:01:55
Bike: 00:10:20
T2: 00:02:03
Run2: 00:04:43
Total Time: 00:23:38

香港三項鐵人總會會長
President, Hong Kong Triathlon Association
龐寵貽女士
Ms Genevieve PONG