

TriHK



TRIATHLON
三項鐵人

香港三項鐵人總會
Hong Kong Triathlon Association

This is to certify that

Ryan Goo

has successfully completed the
2019 Duathlon Series - Race 1
on 31 Mar 2019 at

Plover Cove

with performance of

Category: Boys 2009
Position: 20
Run1: 00:05:05
T1: 00:02:34
Bike: 00:13:48
T2: 00:02:24
Run2: 00:06:22
Total Time: 00:30:15

香港三項鐵人總會會長
President, Hong Kong Triathlon Association
龐寵貽女士
Ms Genevieve PONG