

TriHK



TRIATHLON
三項鐵人

香港三項鐵人總會
Hong Kong Triathlon Association

This is to certify that
Lok Tin Wong
has successfully completed the
2019 Duathlon Series - Race 1
on 31 Mar 2019 at

Plover Cove

with performance of

Category: Boys 2010
Position: 9
Run1: 00:04:49
T1: 00:02:07
Bike: 00:10:28
T2: 00:01:45
Run2: 00:04:58
Total Time: 00:24:10

香港三項鐵人總會會長
President, Hong Kong Triathlon Association
龐寵貽女士
Ms Genevieve PONG