

TriHK



TRIATHLON
三項鐵人

香港三項鐵人總會
Hong Kong Triathlon Association

This is to certify that

Ian Chung

has successfully completed the

2019 Duathlon Series - Race 1

on 31 Mar 2019 at

Plover Cove

with performance of

Category: Boys 2011

Position: 5

Run1: 00:04:38

T1: 00:01:43

Bike: 00:10:46

T2: 00:01:54

Run2: 00:05:09

Total Time: 00:24:13

香港三項鐵人總會會長

President, Hong Kong Triathlon Association

龐寵貽女士

Ms Genevieve PONG