

TriHK



TRIATHLON
三項鐵人

香港三項鐵人總會
Hong Kong Triathlon Association

This is to certify that
Nok Ching Hung
has successfully completed the
2019 Duathlon Series - Race 1
on 31 Mar 2019 at

Plover Cove

with performance of

Category:	Girls 2008
Position:	11
Run1:	00:05:06
T1:	00:01:49
Bike:	00:12:52
T2:	00:02:08
Run2:	00:05:31
Total Time:	00:27:28

香港三項鐵人總會會長
President, Hong Kong Triathlon Association
龐寵貽女士
Ms Genevieve PONG