

**TriHK**



**TRIATHLON**  
三項鐵人

**香港三項鐵人總會**  
**Hong Kong Triathlon Association**

This is to certify that  
**Wan Tung Esme Wong**  
has successfully completed the  
**2019 Duathlon Series - Race 1**  
on 31 Mar 2019 at

**Plover Cove**

with performance of

**Category:** Girls 2008  
**Position:** 5  
**Run1:** 00:04:25  
**T1:** 00:01:42  
**Bike:** 00:09:59  
**T2:** 00:01:48  
**Run2:** 00:04:50  
**Total Time:** 00:22:46

---

香港三項鐵人總會會長  
President, Hong Kong Triathlon Association  
龐寵貽女士  
Ms Genevieve PONG