

TriHK



TRIATHLON
三項鐵人

香港三項鐵人總會
Hong Kong Triathlon Association

This is to certify that
Poppy Worthington
has successfully completed the
2019 Duathlon Series - Race 1
on 31 Mar 2019 at

Plover Cove

with performance of

Category: Girls 2009
Position: 1
Run1: 00:04:09
T1: 00:01:39
Bike: 00:09:14
T2: 00:01:39
Run2: 00:04:26
Total Time: 00:21:09

香港三項鐵人總會會長
President, Hong Kong Triathlon Association
龐寵貽女士
Ms Genevieve PONG